

# FDA-Approved Dermal Fillers – And Products to Avoid Check Before You Inject



Injections of dermal fillers to fill or smooth wrinkles are medical procedures, and should only be done by a licensed healthcare provider with appropriate training and experience.

Injectable dermal fillers are medical devices regulated by the U.S. Food and Drug Administration. But dermal fillers are not for everyone. If you're considering an injectable dermal filler, use this checklist to help you make an informed decision.

## Know What You're Getting



A complete list of FDA approved dermal fillers is available at [www.fda.gov/dermalfillers](http://www.fda.gov/dermalfillers).



The FDA has **NOT** approved injectable silicone for large-scale body contouring or enhancement. Never get an injectable filler such as silicone as a “butt filler,” breast filler, or to fill spaces between muscles.

- Always read all patient materials when getting a dermal filler. This includes the informed consent form, product labeling and patient brochures.
- Always ask your healthcare provider about appropriate injection sites, other possible treatment options, and the risks associated with the procedure.
- Always make sure your licensed healthcare provider uses properly labeled, sealed vials. Ask to see the product to help confirm that you are receiving an FDA-approved filler.



## Know the Risks

- Common side effects of FDA-approved dermal fillers may include bruising, redness, swelling, pain, and itching. Rare but serious side effects can include scarring, blurred vision, partial vision loss, stroke, and blindness if the dermal filler is accidentally injected into a blood vessel.
- Unapproved products such as injectable silicone can result in severe injury or death.
- Dermal fillers may not be appropriate for people with certain conditions, such as allergies with a history of anaphylactic shock, allergy to collagen, or bleeding disorders. Talk to your healthcare provider when considering dermal fillers.



## Choose a Licensed Healthcare Provider

- Always work with a licensed healthcare provider and discuss the benefits and risks of any FDA-approved dermal filler.
- Always ask about your healthcare provider's experience injecting FDA-approved dermal fillers.
- Always do your own research about a healthcare provider, even if he or she came recommended.



## Know What Fillers and Situations to Avoid

- **Never get injectable fillers from unlicensed providers or in nonmedical settings like hotels or private homes.**
- **Never buy dermal fillers on the Internet. They may be fake, contaminated, or harmful. Only a licensed medical provider can legally purchase dermal fillers.**
- **Never get any type of filler or liquid silicone injected into areas like the butt or breasts for large-scale body contouring or enhancement.**

Suspect or have a problem with an FDA-approved dermal filler? Talk to your healthcare provider and file a voluntary report through MedWatch, the FDA Safety Information and Adverse Event Reporting program. If you believe you've been offered or injected with an unapproved product, report it at [www.fda.gov/ReportCriminalActivity](http://www.fda.gov/ReportCriminalActivity).